

ARE YOU OVERWEIGHT? DO YOU HAVE TYPE 2 DIABETES?

UPMC is offering a research study for individuals between the ages of 18 and 70 who are overweight with type 2 diabetes who want to lose weight.

The six-month study will utilize weight loss meal replacements and nutritional bars as part of a comprehensive one-on-one weight loss program, which also includes nutrition, exercise, and behavioral counseling. All research procedures, including medical evaluations and meal products, will be provided at no cost.

To see if you qualify, contact:

Dr. Madelyn Fernstrom, director.

UPMC Weight Management Center

412-246-6475



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