

Retirement and Long-Term Living Options

Topics and Speakers

- *The Long-Term Care Continuum: Making it Easier to Find the Right Option Locally and Nationally*
Jamie Donnell, BSW, PCHA
Senior Information Liaison
University of Pittsburgh Institute on Aging
- *Ins and Outs of Long-Term Care Insurance*
Gerry Angel, PhD, RN
Long-Term Care Insurance Specialist
- *Building a Relationship With Your Long-Term Care Physician*
David A. Nace, MD
Assistant Professor of Medicine
Director, Long-Term Care
Division of Geriatric Medicine, University of Pittsburgh School of Medicine
University of Pittsburgh Institute on Aging
Medical Director, UPMC Senior Communities and Asbury Heights
- *Reducing Caregiver Stress; Understanding Long-Term Care*
Margaret A. Martin MSN, RN
Director, Clinical Operations
UPMC Senior Communities