

**Registration Form:**

*Late-Life Depression, Dementia, and Bereavement: Integration of Research, Teaching, and Clinical Care*

**Course Code: MA50**  
**Friday, October 5, 2007**

*(Please type or print; photocopy for additional registrants.)*

**Telephone registrations cannot be accepted.**  
**Registration Deadline: September 21, 2007**

Social Security Number (Last five digits only): \_\_\_\_\_

Name: \_\_\_\_\_

Degree(s) to be noted on name badge (e.g. PhD, MSW): \_\_\_\_\_

\_\_\_\_\_

Institutional Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

Address 2: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

County: \_\_\_\_\_

Day Telephone: (\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**For continuing education purposes, please check if you are:**

- CAC       CPRP       CRC       NBCC Counselor
- Nurse       Physician/M/DO       Psychologist
- Social Worker, LPC, LMFT

**Please indicate which workshops you plan to attend:**  
(Circle one choice for each session.)

- 2:30 p.m.    A      B      C      D
- 3:45 p.m.    E      F      G      H

**I would like to purchase the box lunch (\$10.00):**  
 Turkey       Ham       Roast Beef       Grilled Vegetables

**Tuition:** \_\_\_\_\_      **Total Enclosed:** \_\_\_\_\_

**Method of Payment:**  
 UPMC Account Transfer       Discover       MasterCard  
 American Express       Visa       Check # \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_

**To be completed for UPMC account transfers only:**

Business Unit and Account Number: \_\_\_\_\_

Administrator's Name: \_\_\_\_\_

Administrator's Signature: \_\_\_\_\_

**Location:**

**Soldiers and Sailors Memorial Hall**  
**4141 Fifth Avenue**  
**Pittsburgh, PA 15213**  
(Oakland section of Pittsburgh)  
Parking is available on the premises for a fee.

**Overnight Accommodations:**

**Holiday Inn Select**  
**Pittsburgh University Center**  
**100 Lytton Avenue**  
**Pittsburgh, PA 15213**  
**412-682-6200**

A block of rooms has been reserved at the Holiday Inn at University Center (in the Oakland section of Pittsburgh). The room rate is \$109 plus tax, for a single or double room plus complimentary parking. When calling for reservations, you must identify yourself as a participant with the conference on **“Late-Life Depression, Dementia, and Bereavement”** to benefit from these reduced rates. Reservation requests received after September 14, 2007 will be honored on a space available basis.

**Registration Information:**

**Tuition:**

**Standard Registration Fee..... \$40**

**UPMC, WPIC, PA State Hospital and VAMC Employees ..... \$35**

**Residents and Students ..... Free**

**Tuition includes:** All registration and conference materials, refreshments, handouts, and continuing education credits.

Full tuition must accompany the form. A \$10 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by September 21, 2007.

**A box lunch will be available for purchase for \$10.00. Please indicate on the registration form if you would like one and include an additional \$10.00.**

Please make your check payable to **OERP/WPIC** and send it with the registration form to:

ATTN: Maria Peña-Jordan  
OERP/ WPIC  
3811 O’Hara Street  
4601 Baum Building, Room 178  
Pittsburgh, PA 15213  
Telephone: 412-802-6917  
Fax: 412-802-6910  
E-mail: penajordanmi@upmc.edu  
www.wpic.pitt.edu/oerp

**Continuing Education Credit:**

**Physicians:**  
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this educational activity for a maximum of *5.75 AMA PRA Category 1 Credits™*. Each physician should claim only those credits that he/she actually spent in the activity.

**Psychologists:**  
Western Psychiatric Institute and Clinic is approved by the **American Psychological Association** to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

**Certified Addictions Counselors (CAC):**  
Western Psychiatric Institute and Clinic/Office of Education and Regional Programming is certified by the Pennsylvania Certification Board (PCB) to provide Certified Addiction Counselor (CAC) continuing education credits for those participants attending the entire program. 6.0 PCB hours have been approved for participation in this conference.

**Counselors:**  
Western Psychiatric Institute and Clinic is recognized by the **National Board for Certified Counselors (NBCC)** to offer continuing education for National Certified Counselors. Western Psychiatric Institute and Clinic adheres to the NBCC Continuing Education Guidelines. This program is being offered for 6.0 continuing education credits.

**Certified Psychiatric Rehabilitation Practitioners (CPRP):**  
A total of 6.0 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner.

**Certified Rehabilitation Counselors (CRC):**  
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.0 hours have been approved for participation in this conference.

**Social Workers, LPC, and LMFT:**  
6.0 credit hours of continuing education are provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA-approved provider of social work continuing education. These credit hours satisfy requirements for LSW renewal. For information on social work continuing education, call 412-624-3711.

**Other Health Care Professionals:**  
Other health care professionals are awarded 0.575 Continuing Education Units (CEUs), which are equivalent to 5.75 contact hours.

**Schedule:**

- 8:00 a.m. Registration**
- 8:45 a.m. Background**  
*Jules Rosen, MD*
- 9:00 a.m. Dementia: New Approaches to Treatment**  
*Steven T. DeKosky, MD*
- 10:15 a.m. Break**
- 10:30 a.m. Depression: A Scientific Update**  
*Charles F. Reynolds III, MD*
- 11:45 a.m. Lunch**  
*(Box lunch for sale in advance; otherwise lunch on your own)*
- 1:15 p.m. Keynote Address: The Interface of Bereavement and Depression**  
*M. Katherine Shear, MD*
- 2:15 p.m. Break**
- 2:30 p.m. Workshop Session I**
  - A. Prevention of 302 Commitments in Nursing Homes**  
*Jules Rosen, MD*
  - B. Pain and Depression**  
*Jordan F. Karp, MD*
  - C. Suicide Prevention**  
*Alexandre Dombrowski, MD*
  - D. Delirium in Medical Settings**  
*LalithKumar K. Solai, MD*
- 3:30 p.m. Break**
- 3:45 p.m. Workshop Session II**
  - E. Transitions in Care: Inpatient to Outpatient Continuity**  
*James Dinsmore Tew Jr., MD*
  - F. Where Mind and Body Meet: The Interface of Mood and Medical Rehabilitation**  
*Ellen M. Whyte, MD*
  - G. Depression-Specific Therapies**  
*Mark D. Miller, MD*
  - H. Anxiety in the Elderly**  
*Carmen Andreescu, MD*
- 4:45 p.m. Adjournment**



**UPMC** | University of Pittsburgh Medical Center

*Sponsored by:*

**University of Pittsburgh:**

**Advanced Center for Interventions and Services Research for Late-Life Mood Disorders**

**Alzheimer Disease Research Center**

**Geriatric Education Center of Pennsylvania**

**Institute of Aging in partnership with the University of Pittsburgh Medical Center**

**Late-Life Depression Evaluation Treatment Center**

**University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences**

**Mental Health Conference Planning Western Psychiatric Institute and Clinic**

**John A. Hartford Center of Excellence in Geriatric Psychiatry**

**Late-Life Depression, Dementia, and Bereavement:**

*Integration of Research, Teaching, and Clinical Care*

**October 5, 2007**

Soldiers & Sailors Memorial Hall  
4141 Fifth Avenue  
Pittsburgh, PA 15213

**Course Directors:**

*Jules Rosen, MD*  
*LalithKumar K. Solai, MD*



**UPMC** | University of Pittsburgh  
 Medical Center  
 Western Psychiatric Institute and Clinic  
 Office of Education and Regional Programming  
 4601 Baum Boulevard Building, First Floor  
 3811 O'Hara Street  
 Pittsburgh, PA 15213

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We encourage participation by all individuals. Advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.

## Late-Life Depression, Dementia, and Bereavement: Integration of Research, Teaching, and Clinical Care

Friday, October 5, 2007  
 Soldiers and Sailors Memorial Hall

### Introduction:

Western Pennsylvania is one of the “oldest” regions in the country. Depression, dementia, and bereavement are common problems in late life. They are associated with decreased quality of life, disability, and premature death both from suicide and physical illness. This conference will address advances in the clinical evaluation, differential diagnosis, pharmacological treatment, and psychosocial interventions for late-life depression, dementia, and bereavement. A major focus of the presentations will be to discuss the impact of these disorders on the community and the role of the community in the care of these patients.

### Who Should Attend:

This conference is intended for psychiatrists, primary care physicians, geriatricians, psychologists, nurses, social workers, consulting pharmacists, and other professionals caring for older adults.

### Educational Objectives:

At the conclusion of the conference, the participants should be able to:

- Explain the recent advances in diagnosis, treatment, and prevention of Alzheimer’s Disease and other dementias.
- Describe recent advances in diagnosis, treatment, and prevention of depression in late life.
- Clinically differentiate depression and bereavement, and understand the presentation and treatment of depression in the context of bereavement.
- Discuss the challenges of recognizing and managing dementia, bereavement, and late-life depression outside of specialty settings in the community such as nursing homes and rehabilitation clinics.

### Course Directors:

#### Jules Rosen, MD

*Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### LalithKumar K. Solai, MD

*Assistant Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

### Keynote Speaker:

#### M. Katherine Shear, MD

*Marion E. Kenworthy Professor of Psychiatry  
 Columbia University School of Social Work  
 New York, New York*

M. Katherine Shear, MD, is Marion E. Kenworthy Professor of Psychiatry at Columbia University School of Social Work. She graduated with honors from the University of Chicago and attended Tufts University Medical School. After completing residencies in internal medicine and psychiatry, and a research fellowship in psychosomatic medicine, she joined the faculty in the department of psychiatry at Cornell University Medical College. During her tenure at Payne Whitney Clinic, she established the department’s first clinical research program on anxiety disorders. In 1992, Dr. Shear moved to the University of Pittsburgh, where she served as professor of psychiatry until January 2006. Her work there focused on the development and implementation of funded research in anxiety disorders, depression, and grief, primarily in the area of psychotherapy studies. Her recent research has been in the area of bereavement and grief. She developed and tested a novel treatment for the newly identified condition of complicated grief. This work culminated in June 2005 in the publication of a landmark randomized controlled treatment study showing the efficacy of a modified form of interpersonal psychotherapy. She has also developed several new grief assessment measures and is the coauthor of more than 200 publications. Dr. Shear lectures nationally and internationally on the topic of grief and conducts training in treatment strategies for bereaved people. A recent project included collaboration with the grief response team at Mt. Ararat Baptist Church in Pittsburgh.

### Faculty:

#### Carmen Andreescu, MD

*Assistant Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### Steven T. DeKosky, MD

*Professor and Chairman of Neurology  
 Director, Alzheimer Disease Research Center  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### Alexandre Dombrovski, MD

*Research Assistant Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### Jordan F. Karp, MD

*Assistant Professor of Psychiatry and Anesthesiology  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### Mark D. Miller, MD

*Associate Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### Charles F. Reynolds III, MD

*UPMC Endowed Professor of Geriatric Psychiatry  
 and Professor of Neurology and Neuroscience  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### LalithKumar K. Solai, MD

*Assistant Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### James Dinsmore Tew Jr., MD

*Assistant Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

#### Ellen M. Whyte, MD

*Assistant Professor of Psychiatry  
 University of Pittsburgh School of Medicine  
 Pittsburgh, Pennsylvania*

*In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interest (if any) will be included in materials that will be distributed at the time of the conference.*